

Writing Research Proposal and Articles for Publication

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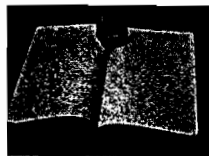


Outline Inspired by Silvia (2007)

- Obstacles to writing
- Motivational tools
- Support system
- Writing empirical and review articles

Barriers and obstacles

- What are your challenges?
 - Finding time or allot time
Little by little,
Don't binge write.
 - Have to do more analysis?
 - Need a better computer or faster access to internet
 - Need to be inspired? "Serious writers write, inspired or not. Overtime, they discover that routine is a better friend to them than inspiration." P.27



Motivational tools

- Setting Goals, ex.:
- Setting priority
- Monitoring progress
- Writer's block



Support group

- Set concrete, short-term goals and monitor group Progress
- Stick to writing goals not Other professional goals
- Big carrots can double as sticks



Writing article

- Outlining and prewriting
 - Look at journals in which you like to publish
 - Review some of their articles and analyze them. They can be your model.

"This is what we will do today."
